



"the body is the
costume of the soul"

image imagination exploration

BUTOH CLASSES

E. Oxford Community Centre

Monthly: 4th Friday

7.30 – 9.30 pm

Mortimer Hall, Old Marston

Monthly: 2nd or 3rd Saturday

10.00 am – 1.00 pm

Body-based sensitivity
training, bringing
unconscious material
into movement



www.cafereason.com

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Photo: Paul Freestone • Design: Ayala Kingsley

1 dance

Café Reason



Emi Jozuka

“It’s as if my body, from its very core, returned to its starting point.” Tatsumi Hijikata 1985



Pier Corona

CURIOSITY (and a sense of wonder) is at the heart of butoh. Butoh practice is for those who want to rediscover their bodies and find new ways to inhabit their physical presence, both in performance and in everyday life.

CAFÉ REASON is an experimental performance group specialising in butoh – an iconoclastic and still-evolving dance form that originated in post-war Japan. From its establishment in 1997, Café Reason has been committed to an ongoing process of exploration, seeking to extend the boundaries of perception and the interpretation and expression of universal human experience

OUR OPEN CLASSES and workshops are suitable for all body types, ages, and levels of skill; no previous experience is necessary. Participants will explore techniques and exercises to enhance their sensory awareness, stage presence, improvisation skills, and body–mind focus, as well as developing physical strength, control, and flexibility.

For more information and upcoming dates, please visit our website:

www.cafereason.com

 www.facebook.com/cafereason

2nd (or 3rd) Saturdays

10.00 am – 1.00 pm

Mortimer Hall

Old Marston

OX3 0PH

4th Fridays

7.30 – 9.30 pm

EOCC (upstairs hall)

Princes Street

OX4 1DD

Saturday classes cost £15

and Friday classes £10.

If you book and pay in advance, the cost is £12 and £8 respectively.